

10<sup>th</sup> April, 2023

**Report of the Two-day Workshop in Child and Adolescent Psychiatry held at St. John's Medical College, Bangalore on April 8-9<sup>th</sup>, 2023 in association with IPS-South Zonal Branch and IPS Karnataka Chapter**

A two-day workshop in child and adolescent psychiatry was organized by the Child and Adolescent Psychiatry unit of St. John's Medical College, Bangalore in association with IPS-South Zonal Branch and IPS Karnataka Chapter. The workshop was also supported by a restricted educational grant from IPCA Labs. The event was accredited three credit hours by the Karnataka Medical Council.

The inaugural was attended by the President of IPS- SZB Dr Uday Kumar, the Editor, IPS-KC Dr Vijaykumar Harbishettar representing IPS-KC, the Dean, St. John's, Dr George D'souza, the HOD, Psychiatry, St. John's Dr Manohari S.M and the organizing chairperson of the event, Dr Ashok M.V.

There were one plenary and six workshops as part of the academic program covering the following topics:

- Early lifedeterminants of health
- Autism Spectrum Disorders
- Eating Disorders
- Psychotherapy With Children
- Family Systems Approaches In ChildPsychiatric Disorders
- CSAand POCSO Act
- Paediatric Consultation Liaison Psychiatry

95 delegates registered for the two-day event with 69 attending in the first day and 61 attending on the second day. A large percentage of the attendees were post graduates in psychiatry, nearly 15 participants were faculty themselves in medical colleges, a few private psychiatrists along with a couple of clinical psychologists and a couple were psychiatric social workers.

The resource persons included the faculty of the CAP unit and adult units of Dept. of Psychiatry St. John's as well as faculty from the General Paediatric and Paediatric Surgery unit of St. John's. The chairpersons were chosen in discussion with IPS-SZB and IPS-KC and they were experienced academicians and clinicians from various south Indian states.

Pre-reading material was sent to the participants in advance. Each workshop was conducted in a small group format with case vignette-based discussions. Post workshop reading material was also circulated.

Post the last workshop on day 2, Dr Ashok M.V, Head of CAP unit, St John's announced a few prospective initiatives of the CAP unit in association with Medical Colleges of South India.

The opportunity for post graduates and non-PG residents from these medical colleges to electively do their CAP posting with the CAP unit of St. John's was announced.

There were prizes for the best audience question for each session and on Day 2 a child psychiatry quiz was held with the top 3 getting prizes.

The valedictory was attended by the President of IPS- SZB Dr Uday Kumar, the HOD, Psychiatry, St. John's Dr Manohari S.M and the organizing secretary of the event, Dr Suhas Chandran. During the same, delegates were invited to give feedback on the workshops. Delegates spoke about how the chosen topics were all relevant to their practice and/or postgraduate curriculum. They were especially appreciative of the small group format, the clinical anecdotes used and the knowledge sharing by the resource persons. They however did express a need to have each of these topics as full day workshops in the future and more time allocated for Q&A during the sessions.

Regards,

Dr Suhas Chandran,

Organizing Secretary

**Photos attached:**

*Participants engaged in small group discussions using case vignettes*



*Prizes were given for best audience question:*



*Feedback from participants during valedictory:*



*Photos of a few sessions:*

