



St John's Medical College  
Hospital, Bengaluru

INDIAN PSYCHIATRIC  
SOCIETY  
SOUTH ZONAL BRANCH



Here's the **Biggest**  
**Indian Training Program**  
on **Psychiatric Research**

Research Capacity Building Committee,  
Indian Psychiatric Society  
South Zonal Branch presents,  
in association with  
St John's Medical College, Bengaluru

Brief course in  
**PSYCHIATRIC  
RESEARCH**  
SEASON 4

## HIGHLIGHTS

- Faculty comprising renowned researchers with excellent teaching skills
- Both online and offline sessions
- In-depth coverage of topics ranging from study designs and statistical analysis to grant applications, award presentations, and journal submissions
- Many interactive sessions to clarify the concepts
- Group activities like journal clubs and developing a protocol as a team
- Opportunity to develop a research idea into a protocol
- Currently the only such course in mental health in India
- Hugely appreciated by nearly 100 participants of the previous three years
- The best-performing candidate would receive Dr Vinoth Krishna Das Memorial Award
- CME credit hours application in process

## INNOVATIVE THREE-PART STRUCTURE

Initial 3.5-day contact program in Bangalore on 17<sup>th</sup>-20<sup>th</sup> April 2024 followed by weekly online sessions for a few months, and then another 2-day contact session to wrap up things.

## WHO CAN PARTICIPATE

Any Indian psychiatrist or psychiatry PG student. Preference will be given to members of the Indian Psychiatric Society South Zonal Branch.

A maximum number of 50 participants will be selected on a first come first served basis and based on the details provided in the application form.

## COURSE FEE

**Rs 10,000 per person**

(For offline sessions, the participants will have to make their own arrangements for travel and accommodation. The organisers can try to provide budget accommodations at the venue.)

REGISTRATION FORM AND FURTHER DETAILS : <https://ipsszb.org/bcpr24>

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## THE FACULTY

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### COURSE DIRECTOR



#### Dr. Denis Xavier MD, MSc (Clin Epi)

Professor of Pharmacology & Head of Clinical Research, St. John's Medical College, Bangalore.

He has led over 54 large multicenter projects that have recruited over 120,000 participants. He has conducted health research methodology courses for 14 years. He has published over 203 papers in prestigious journals, such as the Lancet, NEJM, JAMA, etc. His Scopus h-index is 74 with over 78,000 citations. He has been listed in the top 2% of global scientists by Stanford University, USA. He was PI of the NIH (USA) Centre of Excellence for chronic diseases (2009-14) and is the PI of the ICMR Centre for Advanced Research (2024-29).

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### SOME OF THE PSYCHIATRY FACULTY

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#### Dr. Chittaranjan Andrade MD

Senior Professor,  
NIMHANS, Bangalore

He is one of the most prominent psychiatric researchers in India, with more than 10,000 citations and an h-index of 46. He was featured in a Stanford University study that listed researchers who are in the top 2% in their field. He is a columnist in The Journal of Clinical Psychiatry.



#### Dr. Jagadisha Thirthalli MD

Professor of Psychiatry, NIMHANS, Bangalore

He is a member of the editorial board and former Editor-in-Chief of the Journal of Psychosocial Rehabilitation and Mental Health and National Advisor of the Journal of Psychiatry Spectrum. He has published 300-plus research articles with a special interest in long-term outcome of persons with severe mental illness and non-invasive brain stimulation.



#### Dr. Sandeep Grover MD

Professor of Psychiatry, PGI, Chandigarh

He has an h-index of 66 and more than 20,000 citations. He is listed in the Stanford list of top 2% researchers of the world. He is a co-editor of the book A Primer of Research, Publication and Presentation and the Editor of Journal of Geriatric Mental Health.



#### Dr. Vikas Menon MD

Professor of Psychiatry, JIPMER, Puducherry.

He has authored more than 250 publications in indexed journals and has an h-index of 30. He is on the editorial boards of the Indian Journal of Psychiatry and the Indian Journal of Psychological Medicine. He is a recipient of several research excellence awards, notably the 2023 De Leo Fund Award of the International Association of Suicide Prevention in recognition of his outstanding research work on suicidal behaviors carried out in developing countries.



## Dr. Samir Kumar Praharaj, MBBS, DPM, MD, FAIMER

Professor & Head, Dept. of Psychiatry and Coordinator, Clinical Research Centre for Neuromodulation in Psychiatry, Kasturba Medical College, Manipal.

He has more than 300 publications in peer-reviewed journals. He is the Deputy Editor of the Indian Journal of Psychiatry and the Editorial Board Member of several journals. He is a member of the Eurasian Child & Adolescent Mental Health Study (EACMHS) Group, the International Collaborative Network of TES/TMS Trials for Addiction Medicine (ICN TAM), and India Consortium on Mental Illness and Genetics in the Clinic (IC-MAGIC). He had won the Samuel Gershon Young Investigator Award from the International Society for Bipolar Disorders.



## Dr. Sai Krishna Tikka, MD

Associate Professor, All India Institute of Medical Sciences, Bibinagar, Hyderabad.

He is on the editorial board of the Indian Journal of Psychological Medicine and the Asian Journal of Psychiatry. He has received research funding from reputed agencies like DST, DBT and UNICEF. He has authored more than 100 PubMed-indexed publications and has won several awards instituted by the Indian Psychiatric Society, such as the Young Psychiatrist Award, Marfatia Award, and Bhagwat Award.



## Dr. Johnson Pradeep MD

Professor and Head, Dept. of Psychiatry, St. John's Medical College, Bangalore

He is involved in community-based research studies funded by Indian Council of Medical Research and the National Institutes of Health. He is editorial member of Journal of Addictive Diseases.

## TENTATIVE TOPICS

- Observational research designs (cross-sectional, case-control, cohort, registries)
- Randomized Controlled Designs
- Qualitative studies
- Journal clubs to cover each type of study design (Indian and international)
- Translating and validating rating scales
- Selecting appropriate tools in psychiatric research
- Biostatistics (parametric tests, non-parametric tests, correlation, regression, survival analysis)
- Data management (using databases)
- Working with a statistician
- Sample size estimation
- Research grant proposals, research project budgeting
- Choosing a journal, making the submission, facing peer review
- Making presentations (posters, oral, online)
- Building a culture of high-impact collaborative research.

## IMPORTANT DATES

Last date for receipt of application: **5<sup>th</sup> February 2024**

Date of intimation about selection: within two days of receiving the application or the latest by 7<sup>th</sup> February 2024

(Course fee to be paid within 48 hours of receiving acceptance email)

FOR QUERIES AND  
CLARIFICATIONS  
Please write to  
szbcpr@gmail.com



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**INDIAN PSYCHIATRIC SOCIETY  
SOUTH ZONAL BRANCH**

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Immediate Past President

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**RESEARCH CAPACITY BUILDING COMMITTEE**

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**Dr. Shahul Ameen**  
Chairman

**Dr. Samir Kumar Praharaj**  
Co-chairman

**Dr. Arul Saravanan R**  
Convener

**Dr. Suhas Chandran**  
Member

**Dr. Sai Krishna Tikka**  
Member

**Dr. D Raj Kiran**  
Member



Research Capacity Building Committee,  
Indian Psychiatric Society, South Zonal Branch.

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