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INDIAN PSYCHIATRIC SOCIETY

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3rd Communication

Welcomes you
to the

MID TERM CME – 2026

Theme: Complexities in Diagnosis and Treatment



Saturday May 30th &
Sunday 31st 2026



Mamata Academy of
Medical Sciences,
Bachupally, Hyderabad

Organized by

Department of Psychiatry
Mamata Academy of Medical Sciences, Hyderabad

Under the aegis of

INDIAN PSYCHIATRIC SOCIETY,
Telangana Branch

ORGANIZING COMMITTEE



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Invitation From Organising Committee

It is with great pleasure and excitement that we welcome you all to this distinguished gathering organized by the Indian Psychiatric Society - Telangana Branch and Mamata Academy of Medical Sciences (MAMS). We are privileged to host this enlightening conference at the esteemed Mamata Academy of Medical Sciences (MAMS), Bachupally, Hyderabad. Our sincere gratitude goes to the management of Mamata Academy for providing us with such a wonderful space to engage in meaningful discourse on the complexities of diagnosing and treating mental health conditions.

The theme of our conference, "Complexities in Diagnosis and Treatment," could not be more relevant or timely. Psychiatry, as a field, is in the midst of rapid evolution. We are witnessing an era of unprecedented advancements in neuro biology, psychopharmacology, psychotherapy, and technology. Yet, with these advancements come a range of new challenges, not only in diagnosis but also in formulating and executing effective treatment plans. This theme is an apt reflection of the many hurdles we, as psychiatrists, face in clinical practice, where each patient presents a unique combination of symptoms, histories, and complexities.

Throughout this event, we will explore the various dimensions of diagnosis and treatment in psychiatry, focusing on the complexities that make this profession both uniquely rewarding and demanding. With expert speakers from across our zone, we will engage in thought-provoking sessions on diagnostic dilemmas, emerging therapeutic modalities, and best practices in managing a wide range of psychiatric disorders and will address these crucial aspects to foster a deeper understanding of our field.

We will also be excited to see the active participation of our postgraduate students, who represent the future of psychiatry. Your presence here today is a testament to your commitment to becoming well-rounded clinicians, and I encourage you to absorb as much as possible from the wealth of knowledge being shared during the course of this conference. Your curiosity, your willingness to engage, and your passion for learning will undoubtedly shape the future of mental health care in India.

Let us come together in the spirit of collaboration, learning, and continuous improvement, as we collectively strive to enhance the quality of mental health care and work towards overcoming the complexities that challenge us every day.

Thank you, and I hope you all have an enriching and inspiring experience during the course of this CME. We look forward to welcoming everyone to this highly academic meeting of IPS SZ Midterm CME at MAMS, Bachupally, Hyderabad



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IPS SOUTH ZONE MID-TERM CME

Theme: Complexities in Diagnosis and Treatment

Day 1 : 30th May

S.No	Time	Presentation	Speakers
1.	9:30 AM -10:15 AM	Documentation for Protection of Practising Psychiatrist	Dr Raghavendra B Nayak, Professor - Psychiatry, Medical Superintendent, DIMHANS, Dharwad.
2.	10:15 AM -11:00 AM	Micro Skills for a Practising Psychiatrist	Dr TP Sudhakar, Former Prof & Head - Psychiatry, SVMC Tirupati
	11:00AM- 12:00PM	Inauguration and Tea	
3.	12:00 PM- 1:00 PM	10 minutes Psychotherapy Models in Practice	Dr Anurag Srivastava, Prof & Head - Psychiatry, Medicit Institute of Medical Sciences, Hyderabad
1:00 PM - 2:00 PM Lunch			
4.	2:00 PM – 2:45 PM	Tele & Online Psychiatry - Ethics, Benefits and Pitfalls	Dr S Sivaraman, Prof & Head - Psychiatry, SRM MCH & RC, Trichy
5.	2:45 PM – 4:45 PM	Symposium with Q&A: Difficult Clinical Scenarios	Moderator: Dr Dr TV Pavan Kumar, Prof & Head - Psychiatry NRI Medical College, Guntur
		1.Problems of Dual Diagnosis	1. Dr K. Lokesh Kumar Prof & Head - Psychiatry Bhaskar Medical College, Hyderabad
		2. Diagnostic Reversal - When the Initial Diagnosis is changed	2. Dr M. Kishor Prof & Head - Psychiatry, JSSMC & JSSAHER, Mysuru
		3. Partial Response - What Next after 50% symptom Improvement	3. Dr Ashish Nair, Consultant Psychiatrist, EMS Memorial Cooperative Hospital & Research Centre, Perinthalmanna
		4. Perinatal Psychiatry - Diagnostic and Treatment Challenges	4. Dr Veda N Shetageri, Prof - Psychiatry, BGS MCH Nagar, Bengaluru
6.	5:00 PM onwards	EC - Meeting	
7.	7:00 PM onwards	Dinner	

IPS SOUTH ZONE MID-TERM CME

Theme: Complexities in Diagnosis and Treatment

Day 2 : 31st May

S.No	Time	Presentation	Speakers
1.	9:30 AM -10:15 AM	Mild Neurocognitive Disorder vs Normal Aging - How to differentiate?	Dr Indu PV, Professor – Psychiatry, Govt Medical College, Thiruvananthapuram
2.	10:15 AM -11:00 AM	Debate: Atypical Antipsychotics Revisited: Older Vs Newer	Moderator: Dr Sai Krishna Tikka, Addl Professor & Head – Psychiatry, AIIMS, Bibinagar
			1. For Older: Dr Sandeep Alex, Associate Professor, Department of Psychiatry, Govt Medical College, Kottayam
			2. For Newer: Dr OT Sabari Sridhar, Professor & Head – Psychiatry, Sri Ramachandra Medical College & Research Institute, Chennai
11:00 AM - 11:30 AM		TEA	
	11:30 AM - 1:00 PM	Symposium with Q&A: Newer Clinical Scenarios	Moderator: Dr Vijay Sheshadri, Consultant Psychiatrist, Chetana Hospital, Hyderabad
		1. Neuroimaging, Pharma- cogenomics & Biomarkers - How helpful are they currently in diagnosis?	1. Dr Subhashini KR, Associate Prof - Psychiatry, Saveetha Medical College & Hospital, Chennai
		2. Internet Usage & Gaming Disorder: Where do we draw the diagnostic line?	2. Dr BJP Mallika, Prof - Psychiatry, Govt Hospital for Mental Care, Visakhapatnam
		3. Newer Drugs of Abuse	3. Dr K Rajeevi, Designated Associate Prof - Psychiatry, IMH,OMC, Hyderabad
	1:00 PM –1:30 PM	Valedictory	
	1:30 PM –2:30 PM	Lunch	

Registration Details

All values in INR

Registration Category	Till May 15 th	Till May 25 th	SPOT
IPS South Zonal Members	4000	4500	6000
IPS South Zonal Non Members	4500	5500	6500
IPS South Zonal Senior Members (Above 65 Years)	Complimentary	6000	6000
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Contact **CME Secretariat**

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